

LUCIA THORNTON, RN, MSN, AHN-BC

CONTACT INFORMATION:

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SHORT BIOGRAPHY

Lucia has been involved in nursing, holistic healing and healthcare for over 35 years. She has held clinical, managerial and administrative positions in various organizations and settings including emergency and trauma, intensive care, education, and research and development. She helped develop one of the first inpatient hospice homes in the country. She was instrumental in creating the process of Board Certification for Holistic Nursing in the United States and served as the first Executive Director of the American Holistic Nursing Certification Corporation. She established and directed The Visions in Healthcare Council and The Institute of Health and Well Being to foster an awareness of health and healing in her community. Her teaching experience includes teaching undergraduate and graduate nursing students at California State University in Fresno and teaching throughout the country for the Certificate Program for Holistic Nursing. For the past 15 years she has been involved with developing seminars for hospitals and communities that focus on staff renewal and creating healing environments. She utilizes The Model of Whole-Person Caring (a nursing based, interdisciplinary, holistic framework) which articulates and operationalizes healing concepts to facilitate individual and organizational transformation. Her work in transforming hospitals into "healing environments" has received national, state, and local recognition. She also serves on the faculty of Energy Medicine University and is associate editor of Bridges, the membership magazine for the International Society for the Study of Subtle Energy and Energy Medicine. She is the immediate Past President of the American Holistic Nurses Association.

RESUME

EDUCATION:

California State University School of Nursing Fresno, California	1991	M.S.N.	Magna Cum Laude
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Kent State University School of Nursing Kent, Ohio	1974	B.S.N.	Magna Cum Laude
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LICENSURE AND SPECIALTY CERTIFICATIONS:

California: R.N.

Board Certification in Advanced Holistic Nursing Practice: AHN-BC

PROFESSIONAL POSITIONS:

<i>Innovations in HealthCare</i>	<i>Consultant /Educator</i>	<i>2000-present</i>
<i>American Holistic Nurses Association</i>	<i>President</i>	<i>2007-2009</i>
<i>American Holistic Nurses Association</i>	<i>President-Elect</i>	<i>2005-2007</i>
<i>Gold & Thornton, Inc.</i>	<i>Co-President</i>	<i>1999-2004</i>
<i>National Institute for Professional Development</i>	<i>Co-President</i>	<i>1999-2004</i>
<i>Certificate Program in Holistic Nursing</i>	<i>Faculty</i>	<i>1995-2000</i>
<i>American Holistic Nurses' Certification Corporation</i>	<i>Executive Director</i>	<i>1997-1998</i>
<i>California State University, Fresno School of Nursing</i>	<i>Faculty</i>	<i>1991- 1997</i>
<i>Holistic Nursing and Wellness Programs Fresno, California</i>	<i>Consultant</i>	<i>1987- Present</i>
<i>University of Miami Medical Center Jackson Memorial Hospital Miami, Florida</i>	<i>Director of Nursing Quality Assurance</i>	<i>1976-1979</i>
<i>Board of Education Mentor, Ohio</i>	<i>School Nurse</i>	<i>1975-1976</i>
<i>Mt Sinai Hospital Cleveland, Ohio</i>	<i>Charge Nurse Intensive Care Unit</i>	<i>1974-1975</i>
<i>Mt. Sinai Hospital Cleveland, Ohio</i>	<i>Technician Emergency Department</i>	<i>1972-1974</i>
<i>White House Conference on Children and Youth Washington, D.C.</i>	<i>White House Intern</i>	<i>1970</i>
<i>Lake County Youth Federation Painesville, Ohio</i>	<i>Founder/Director</i>	<i>1968-1970</i>

PROFESSIONAL MEMBERSHIPS:

<i>American Holistic Nurses Association</i>	<i>1988 - Present</i>
<i>Self-Realization Fellowship Society</i>	<i>1987 - Present</i>
<i>The International Society for the Study of Subtle Energy and Energy Medicine</i>	<i>1991 - Present</i>
<i>The Society of Rogerian Scholars</i>	<i>1990 - Present</i>
<i>Sigma Theta Tau</i>	<i>1990 - 1997</i>

Institute of Noetic Sciences

1991 - Present

COMMUNITY SERVICE:

<i>Visions in Healthcare Council</i>	<i>Founder/Director</i>	<i>1992 – 2002</i>
<i>Institute of Health, Healing and Well Being California State University, Fresno</i>	<i>Founder Advisory Board</i>	<i>1997 - 2000</i>
<i>Hinds Hospice Home Foundation Board of Directors Fresno, CA</i>	<i>President Member Treasurer</i>	<i>1994 - 1998 1988 - 1998 1988 - 1992</i>
<i>Begin Again Corporation</i>	<i>Board Member</i>	<i>1992 - 1994</i>
<i>Clovis Unified School District Steering Committees for Bond Measures and Study of Capital Expenditures</i>	<i>Member</i>	<i>1990 - 1992</i>

RESEARCH:

Thornton, L. (1991). *The effects of energetic healing on female nursing students. (Masters Thesis).*

PUBLICATIONS:

Thornton, L. (1991). *The effects of energetic healing on female nursing students. (Master's Thesis, California State University, Fresno, 1991).*

Thornton, L. (1996). *A study of reiki, an energy field treatment, using Rogers' science. Rogerian Science News, 8(3), 14-15.*

Thornton, L. (1996). *A study of reiki using Rogers' science, part II. Rogerian Science News, 8 (4). 13-14.*

Thornton, L. (1998). *Self-Renewal and Nurturing for Holistic Nurses. Alternative and Complementary Therapies, 4 (5). 364-366.*

Thornton, L. & Gold, J. (1999). *Integrating holism into healthcare for the new millennium. Surgical Services Management, 5(12), 41-44.*

Gold, J. & Thornton, L. (2000). *Creating a Healing Culture: Whole-Person Caring.*
Roseland, NJ: Gold & Thornton Publishers.

Gold, J. & Thornton, L. (2000). *Creating a Healing Culture: Personal Integration.*
Roseland, NJ: Gold & Thornton Publishers.

Thornton, L. & Gold, J. (2000). *The Art and Science of Whole-Person Caring, Surgical Services Management, 6 (11), 28-38.*

Gold, J. & Thornton, L. (2001). *Creating a Healing Culture: Transforming the Healthcare Environment.*
Roseland, NJ: Gold & Thornton Publishers.

Gold, J. & Thornton, L. (2001), *Simple Strategies for Managing Stress*, RN, 64 (12), 65-68.

Thornton, L., Gold, J., & Watkins, M. (2002) *The art and science of whole-person caring: an interdisciplinary model for health care practice*, International Journal for Human Caring 6 (2). 38-47.

Thornton, L. (2003), *The Model of Whole-Person Caring*, Bridges, *International Society for the Study of Subtle Energy and Energy Medicine*, 14 (2) 1-4

Thornton, L. (2003), *Evarts Loomis, M.D. : A pioneer in whole-person medicine*, Bridges, *International Society for the Study of Subtle Energy and Energy Medicine*, 14 (2) 11-18.

Thornton, L. (2004), *Holistic Nurses Lead the Way at Three Rivers Community Hospital*, Beginnings, *News from the American Holistic Nurses Association*, 24 (3) 10-11.

Thornton, L. (2005), *The Model of Whole-Person Caring: Creating and Sustaining a Healing Environment*, Holistic Nursing Practice, 19 (3)106-115.

Thornton L. (2007), *Beating the stress: treat yourself right*, Imprint, 54 (4)60-65.

Thornton L. (2008), *Holistic Nursing :a way of being, a way of living, a way of practice*, Imprint, 55 (1)32-39.

Thornton L. (2008), *Transcending differences; a holistic approach*, Imprint, 55(5)46-48.

Thornton.L. (2008), *Therapeutic Communication*, chapter in Holistic Nursing: A Handbook for Practice, edited by Dossey,B & Keegan,L., Sudbury, Mass: Jones & Bartlett.

Thornton L. (2009) *David's Light*, Bridges, Winter/ Issue I: 4-7.

Thornton L. (2009) Creating a healing environment: the model of whole-person caring. Seminar Manual and Facilitator Guide: self-published, Fresno, CA.

PRESENTATIONS:

Thornton, L. *Healing by Faith. Television special exploring complimentary modalities in healing. KJEO-TV. February, 1990.*

Thornton, L. *The effects of energetic healing : poster presentation. Boulder, Colorado. The First Annual Conference of the International Society of Subtle Energy and Energy Medicine: Emerging Theory and Practice. June, 1991.*

Thornton, L. *Alternative methods of treatment for headaches. Appeared as a panelist in a television show that examined alternate methods for treating headaches. Central Cable vision. February, 1992.*

Thornton, L. , Madden, H. & Owens, H. *An Interdisciplinary Exploration of Healing and Transformation. A panel presentation for the Annual Conference of the International Society for the Study of Subtly Energy and Energy Medicine. Monterey, CA. June 1993.*

Thornton, L. *Holistic Nursing. Presentation at a university luncheon. California State University, Fresno. May, 1993.*

Thornton, L. *Benediction for the pinning ceremony of the California State University Nursing graduates. December 1993.*

Thornton, L. *Visions for the Future. Keynote for the pinning ceremony of the California State University Nursing graduates. May, 1994.*

Thornton, L. *Embracing the Heart of Nursing. Keynote for the pinning ceremony of the California State University Nursing graduates. May, 1995.*

Thornton, L. *Holistic Nursing and the Aging Population, Rolfing Lectureship, Community Health Systems. March 14, 1998.*

Thornton, L. *Holistic Philosophy and Long Term Care, Interdisciplinary Gerontology Program California State University, Fresno. May 8, 1998.*

Thornton, L. *Connecting Mind, Body and Spirit; Renewing the Spirit of Nursing, Keynote for The Association of California Nurse Leaders Annual Program, Grand Hyatt San Francisco on Union Square. February 1, 1999.*

Thornton, L., Watkins M., Gold, J., *Whole-Person Caring: A Spiritually Based Model for Healthcare Services and Communities, Panel presentation for the general session of the ISSSEEM Annual Conference, Boulder CO. June 23, 2003.*

Thornton, L., Watkins M., Gold, J., *Whole-Person Caring: A Spiritually Based Model for Healthcare Services and Communities, Keynote presentation for Healing Touch International, San Diego, CA. May 22, 2004.*

Thornton L., Watkins M., *Whole-Person Caring: An Interdisciplinary Model for Healthcare Transformation, Workshop presentation, AHNA Annual Conference, Scottsdale, AZ. June 19, 2004.*

Thornton L. *Re-Creating Health in the Healthcare System, Keynote presentation at the Council Grove Conference, Council Grove, Kansas. April 2006.*

Thornton L., Janisse, T., *A Journey from Theory to Self: Cultivating Heart and Soul in our Practice. AHNA Annual Conference, St. Paul, MN. June 6, 2006*

PROFESSIONAL SERVICE:

<i>President for the American Holistic Nurses' Association</i>	<i>2007-2009</i>
<i>President-Elect for the American Holistic Nurses' Association</i>	<i>2005-2007</i>
<i>Certification Board for the American Holistic Nurses Certification Corporation</i>	<i>1997- 1998</i>
<i>Review Panel for the American Holistic Nurses Certification Corporation.</i>	<i>1995- 1998</i>
<i>Certification Board of the American Holistic Nurses Association.</i>	<i>1995-1997</i>
<i>Sigma Theta Tau Research Committee</i>	<i>1994-1995</i>
<i>Consultant to the Fresno Ombudsman Program</i>	<i>1985-1988</i>

