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EMP 764: Sensitivity and the Sublime (3 Credits)

Overview of Course: This course is an exploration of the sublime sensitivity inherent in the nature of being, the experience of sensitives and intuitives, sensitivity in healing and creativity, and sensitivity and subtle energy, nature, and the sublime.

Course Topics: Sensitivity, intuition, sensitives, intuitives, subtle energy, healing, creativity, the sublime, consciousness, nature, energy medicine

Learning Objectives: After completing this course participants will have gained an expanded understanding of sensitivity, and sensitivity to the sublime; they will have experienced their own sensitivity and sensitivity to the sublime; and they will have developed and expanded their ability to work with sensitivity and sensitivity to the sublime in their personal and professional lives.

Audience: Open to all students in the Masters program.

COURSE DESCRIPTION

This course is an exploration of the sublime sensitivity inherent in the nature of being. The course explores sensitivity and the sublime: the experience of sensitives; the deepening of sensitivity and intuition with awareness; sensitivity to subtle energy; sensitivity in creativity and healing; sensitivity to and the sensitivity of nature; and sensitivity to the sublime. Explorations include research, practicum, written reflection, and dialogue.

NEED STATEMENT

Students will:

- 1) Develop and deepen their awareness of sensitivity and the sublime.
- 2) Be able to utilize the knowledge they have gained about sensitivity and sensitivity to the sublime to extend their own research and therapeutic methods in a healing profession.
- 3) Develop skills needed to identify essential factors pertaining to sensitivity and the sublime.
- 4) Be able to assist sensitive and intuitive clients using the understanding they have gained.
- 5) Develop the critical skills they need to use their sensitivities knowledgeably.

FACULTY-STUDENT COMMUNICATION

- Telephone Contacts

Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- Communications

It is requested that students stay in weekly or every other week correspondence with the instructor using email. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. Students should check email frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for chat sessions using Yahoo Messenger Chat or the instructor may be able to set up one-on-one discussions with the student using Skype. Check with your instructor on the type of communications she uses.

- Internet Threaded Discussion: There is also an on-going Internet threaded discussion among the students and faculty for the entire semester which creates a larger feedback mechanism of communication. It may be accessed anytime. The thread page is located at: http://groups.yahoocom/group/Energy_Medicine

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

COURSE

1) Reading Assignments

Students will read the following text materials and complete the following course assignments. Alternate materials will be provided for texts that students are already familiar with.

Anderson, Joan Wester. *Where Angels Walk. True Stories of Heavenly Visitors*. Ballantine Books. New York. 1992

Aron, Elaine. *The Highly Sensitive Person. How to Thrive When the World Overwhelms You*. Carol Pub. Group. New York. 1996

Atwater, P.M.H. *Future Memory*. Birch Lane Press. New York. 1996

Gelder, Dora van. *The Real World of Fairies. A First-person Account*. Quest Books. Wheaton, IL. 1999

Leadbeater, C. W. *The Chakras. A Monograph*. Theosophical Publishing. House. Wheaton, IL. 1927

Maclean, Dorothy. *To Hear the Angels Sing*. Lindisfarne Books. Great Barrington, MA. 1994

Nhat Hanh, Thich. Arnold Kotler, Ed. *Peace Is Every Step. The Path of Mindfulness in Everyday Life*. Bantam Books. New York. 1991

Schull, Bill. *The Psychic Power of Animals*. Fawcett Publishers. Greenwich, CT. 1977

Steiner, Rudolf. *Theosophy. An Introduction to the Supersensible Knowledge of the World and the Destination of Man*. Anthroposophic Press, Inc. Hudson, NY. 1971

Weiss, Brian L. *Through Time Into Healing*. Simon & Schuster. New York. 1992

2) Course Paper/Project

Students will conduct research based on secondary and primary source materials and the required texts. From this research, students will write a paper on a specific topic (approved by the instructor). Students may also elect to do a graduate level project.

3) Course Review

Students are given a set of assignments, readings, and explorations in preparation for a Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone or Yahoo Messenger Voice or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

COURSE ASSIGNMENTS

Assignment 1. Sensitivity

Participants will begin to research, explore, and reflect on the experience of sensitives. After completing the reading, they will share their reflections in writing and dialogue. Throughout the course, readings and assignments may be tailored to the participants.

Assignment 2. Sensitivity to the Sublime

Participants will explore and reflect on their own sensitivities, and sensitivity to the sublime. After completing the reading, they will share their reflections in writing and dialogue.

Assignment 3. Sensitivity and Nature

Participants will research, explore, and reflect on sensitivity to, and the sensitivity of, nature. After completing the reading and practicum, they will share their reflections in writing and dialogue.

Assignment 4. Creativity and Compassion

Participants will research, explore, and reflect on creativity, compassion, and the deepening of sensitivity with awareness. After completing the reading and practicum, they will share their reflections in writing and dialogue.

Assignment 5. Healing and the Sublime

Participants will research, explore, and reflect on healing and the sublime. After completing the reading and practicum, they will share their reflections in writing and dialogue.

Assignment 6. Final Project

Students have the option of designing a research project or preparing a scholarly paper of approximately 10 double-spaced typewritten pages using the appropriate style manual. Research projects and scholarly papers will focus upon a specific aspect of the course. Research projects will be evaluated based on content, originality, the use of source material, and documentation. Scholarly papers will be evaluated based on content, originality, source material, grammar, and spelling.

Assignment 7. Course Review

The Course Review will be given by telephone (or other means) and will cover the assignments. Students will negotiate the timing of the review.

INDIVIDUALIZATION OF STUDENT ASSIGNMENTS

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

COURSE EVALUATION

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the

research paper or project, and the course review, in consultation with the instructor.

SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction.