



## ENERGY MEDICINE UNIVERSITY

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### **EMP 8101: Literature Survey (3 Credits)**

**Overview of Course:** The course involves a literature survey of Integrative Holistic Health and Energy Medicine, and the study of research in health and healing.

**Course Topics:** Integrative Holistic Health and Energy Medicine research, research methodologies, writing and formatting.

**Learning Objectives:** After completing this course, participants will have gained an understanding of the research literature in several different concentrations, developed their writing and formatting skills, and explored research methodologies.

**Audience:**

Open to all students in the Certificate, Masters or PhD program.

**Required Course Materials:**

Current edition of the APA Style Manual

**COURSE DESCRIPTION**

This course is a literature survey of Integrative Holistic Health and Energy Medicine, and the study of research in health and healing.

**Literature Survey Guidelines**

The main goal of a literature survey is to show that the student is familiar with existing literature and research on the topic. A literary survey resource for this course is the EMU Online Library and the books that correspond to the chosen EMU Concentrations.

That EMU book list is found here: <http://astore.amazon.com/intuitionmedi-20>

**Example of the content of a Literature Survey**

- 1) Abstract
- 2) Keywords
- 3) Introduction
  - 3) Background of the chosen Concentration topic
- 4) Definitions
  - 4) Definitions for relevant concepts, possible competing definitions
  - 4) Clarification of concepts that might cause misunderstanding and confusion

- 5) Content
  - 5) Introduction and comparison of methodologies, models and approaches
  - 5) Examples of applications
- 6) Conclusions
  - 6) Relevant understandings
  - 6) Conclusions
- 7) References
  - 7) Follow APA referencing

### **NEED STATEMENT**

Students will:

- 1) Develop and deepen their awareness of various areas of Integrative Holistic Health and Energy Medicine.
- 2) Be able to utilize the knowledge they have gained about Integrative Holistic Health and Energy Medicine in their profession.
- 3) Develop the writing and research skills needed to identify essential factors in various fields of Integrative Holistic Health and Energy Medicine.
- 4) Be able to assist clients using the understanding of various areas of Integrative Holistic Health and Energy Medicine research they have gained.
- 5) Develop the critical skills they need to do further research, write skillfully about it, and choose appropriate research methodologies for their own research.

### **FACULTY-STUDENT COMMUNICATION**

- **Telephone Contact:**

Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- **Email Contact:**

Reflection on and questions about the coursework papers and field placement internship should be addressed via email as needed. Students are always encouraged to contact the instructor via email whenever a problem arises.

- **Communications:**

It is requested that students stay in weekly or every other week correspondence with the instructor using email. The student should also set up

periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. The instructor may be able to set up one-on-one discussions with the student using Skype. Students should check email frequently for professor and EMU messages.

- All papers must be copied to [lessons@energymedicineuniversity.org](mailto:lessons@energymedicineuniversity.org)

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for “chat sessions” using Yahoo Messenger Chat or Skype. Check with your instructor on the type of communications s/he uses.

#### **Internet Forums:**

Please contact our Registrar to be included in the EMU Internet forums.

#### **Length of Course:**

Length of this Energy Medicine course is five (5) months or one (1) semester.

#### **COURSE**

##### 1) Reading Assignments

Students will do literary research in three Energy Medicine University concentrations and write a paper (minimum length eight pages) on each one using the APA format style.

##### 2) Direct Interviews

Students will conduct interviews with individuals in each field of concentration. Interviews can be with an EMU Professor or an individual with professional expertise in the specific field. In requesting interviews formally introduce yourself as a graduate student of EMU and explain the reason for requesting the interview. You can request an interview via phone, Skype or in-person, stating that it will be no more than 15-20 minutes. Interviews can be either in real-time or in the form of e-mail correspondence as appropriate to the assignment. If you approach several prospective interviewees in order to get one interview, and more than one candidate responds positively, you can include more than one interview.

### 3) Experiential Component

Students will explore, directly experience, and reflect on health, healing and energy modalities.

### 4) Course Review

Students are given a Final Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

## **PAPER WRITING**

All papers are to be written in the APA format: Times Roman, 12 point, using the current edition of APA.

APA Resource: Purdue OWL

<http://owl.english.purdue.edu/owl/resource/560/01>

- Papers must be copied to: [lessons@energymedicineuniversity.org](mailto:lessons@energymedicineuniversity.org)

## **COURSE ASSIGNMENTS**

### **Assignment 1. Research I**

Participants will choose an Energy Medicine University concentration, research the literature pertaining to that concentration, compile a Bibliography, conduct a general interview of an individual in the field and write a summary, experientially explore a modality in that field and write a one page reflection on the experience, and write a five page paper using APA format.

### **Assignment 2. Research II**

Participants will choose a second Energy Medicine University concentration, research the literature pertaining to that concentration, compile a Bibliography, conduct a general interview of an individual in the field and write a summary, experientially explore a modality in that field and write a one page reflection on the experience, and write a five page paper using APA format.

### **Assignment 3. Research III**

Participants will choose a third Energy Medicine University concentration, research the literature pertaining to that concentration, compile a Bibliography, conduct a general interview of an individual in the field and write a summary, experientially explore a modality in that field and write a one page reflection on the experience, and write a five page paper using APA format.

### **INDIVIDUALIZATION OF STUDENT ASSIGNMENTS**

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

### **COURSE EVALUATION AND GRADING DETERMINANTS**

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the research paper or project, and the course review, in consultation with the instructor.

### **COURSE COMPLETION TIMETABLE**

Week 1-2. Literature Research and Bibliography  
 Week 3. General Interview and Interview Summary  
 Week 4. Practicum and Reflections  
 Week 5-6. Five Page Paper  
 Week 7. Literature Research and Bibliography  
 Week 8-9. Question Interview and Interview Summary  
 Week 10. Practicum and Reflections  
 Week 11-12. Five Page Paper  
 Week 13-14. Literature Research and Bibliography  
 Week 15. Phenomenological Interview and Interview Summary  
 Week 16. Practicum and Reflections  
 Week 17-18. Five Page Paper  
 Week 19. Methodology Research Summary  
 Week 20. Course Review

### **SPECIAL NOTES AND INSTRUCTIONS**

All coursework must be completed in a timely fashion. Students are encouraged to phone or email the instructor whenever they need advice, comments, or instruction.