



ENERGY MEDICINE UNIVERSITY

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EMP 8671: The Subtle Body and the Rainbow Lights (3 Credits)

Overview of Course:

This course is an exploration of the subtle body, subtle body dynamics, subtle world, subtle realms, subtle world of nature, out-of-body experience, after-life, states of awareness, and ethics.

Course Topics:

Subtle body, subtle body dynamics, subtle world, subtle realms, subtle world of nature, out-of-body experience, after-life, states of awareness, and ethics.

Learning Objectives:

After completing this course participants will have gained an expanded understanding of the subtle body and the subtle world; they will have experienced the subtle body and subtle world; and they will have developed and expanded their ability to work with the subtle body and the subtle world in their personal and professional lives.

Audience:

Open to all students in the Certificate, Masters or PhD program.

COURSE DESCRIPTION

This course is an exploration of the subtle body and the subtle world. The course explores subtle body dynamics, subtle realms, the subtle world of nature, out-of-body experience, after-life, states of awareness, and ethics. Explorations include the complex yet fundamental way subtle systems illuminate the forms and functions of life.

NEED STATEMENT

Students will:

- 1) Develop an in-depth awareness of the subtle body and the subtle world.
- 2) Be able to utilize the knowledge they have gained about the subtle body and subtle world to extend their own research and therapeutic methods in a healing profession.
- 3) Develop the skills needed to identify essential factors pertaining to the subtle body and subtle world.
- 4) Be able to assist clients using the understanding of the subtle body and subtle world they have gained.

5) Develop the critical skills needed to apply their understanding of the subtle body and subtle world knowledgeably.

FACULTY-STUDENT COMMUNICATION

- **Telephone Contact:**

Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- **Email Contact:**

Reflection on and questions about the coursework papers and field placement internship should be addressed via email as needed. Students are always encouraged to contact the instructor via email whenever a problem arises.

- **Communications:**

It is requested that students stay in weekly or every other week correspondence with the instructor using email. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. The instructor may be able to set up one-on-one discussions with the student using Skype. Students should check email frequently for professor and EMU messages.

- All papers must be copied to: lessons@energymedicineuniversity.org

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for "chat sessions" using Yahoo Messenger Chat or Skype. Check with your instructor on the type of communications she uses.

Internet Forums: Please contact our Registrar to be included in the EMU Internet forums

Length of Course:

Length of this Energy Medicine course is five (5) months or one (1) semester.

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

1) Reading Assignments

Students will read the following text materials and complete the following course assignments. Alternate materials will be provided for texts that students are already familiar with.

Buhlman, William. *Adventures Beyond the Body: How to Experience Out-of-Body Travel*. HarperSanFrancisco. San Francisco. 1996

Byrne, Lorna. *Angels in My Hair*. Three Rivers Press. New York. 2011

Greaves, Helen. *Testimony of Light: An Extraordinary Message of Life After Death*. Jeremy P. Tarcher/Penguin. New York. 2009

Karagulla, Shafica, and Dora van Gelder Kunz. *The Chakras and the Human Energy Fields*. Theosophical Publishing House. Wheaton, IL 1989

Leadbeater, C. W. *Invisible Helpers*. Theosophical Publishing. House. Adyar, Madras. 1928

Monroe, Robert. *Ultimate Journey*. Doubleday. New York. 1994

Norbu, Chogyal Namkai. John Shane, Ed. *The Crystal and the Way of Light. Sutra, Tantra and Dzogchen*. Snow Lion Publication. Ithaca, NY. 2000

Richelieu, Peter. *A Soul's Journey*. Thorsons. San Francisco. 1953. pdf

Roberts, Jane. *The Oversoul Seven Trilogy*. Amber-Allen Publishing. Emeryville, CA. 1995

The Spirit Andre Luiz through Francisco Candido Xavier. Lauren Speeth Luczynski, Ed. *The Astral City: The Story of a Doctor's Oddessy in the Spirit World*. 1994. pdf

Tompkins, Peter. *The Secret Life of Nature. Living in Harmony With the Hidden World of Nature Spirits From Fairies to Quarks*. HarperSanFrancisco. New York. 1997

Resources

Bruce, Robert. *Astral Dynamics. The Complete Book of Out-of-Body Experiences*. Hampton Roads Publishing Company. Charlottesville, VA. 2009

Byrne. Lorna. *Stairways to Heaven*. Coronet. London. 2010

Minero, Luis. *Dymystifying the Out-of-body Experience. A Practical Manual for Exploration and Personal Evolution*. Llewellyn Publications. Woodbury, MI. 2012

Neal, Viola Petitt, and Shafica Karagulla. *Through the Curtain*. Devorss Publications. Marina Del Ray, CA. 1983

2) Course Paper/Project

Students will prepare a scholarly paper of approximately 20 double-spaced, typewritten pages, 12 point, Times Roman Font, using the appropriate Style Manual. Papers focus upon a specific aspect of the course. Students may elect to do a graduate level research project.

3) Course Review

Students are given a set of assignments, readings, and explorations in preparation for a course review of the materials. Students schedule the time and date for the face-to-face, telephone or Skype conference with the instructor.

COURSE ASSIGNMENTS

Assignment 1. Research, Reflection and Dialogue

Participants will begin to research, explore, and reflect on the subtle body, the chakras, and energy fields. After completing the reading, they will share their reflections in writing and dialogue. Throughout the course, readings and assignments may be tailored to the participants.

Assignment 2. Selected Reading, Reflection, Practicum and Dialogue

Participants will research, explore, and reflect on the subtle body and the rainbow lights. After completing the reading, they will share their reflections in writing and dialogue.

Assignment 3. Selected Reading, Reflection, Practicum and Dialogue

Participants will research, explore, and reflect on the subtle world, the subtle world of nature, and the way subtle systems illuminate the forms and functions of life. After completing the reading, they will share their reflections in writing and dialogue.

Assignment 4. Selected Reading, Reflection, Practicum and Dialogue

Participants will research, explore, and reflect on out-of-body experience and the afterlife. After completing the reading, they will share their reflections in writing and dialogue.

Assignment 5. Selected Reading, Reflection, Practicum and Dialogue

Participants will research, explore, and reflect on the subtle realms and states of awareness. After completing the reading, they will share their reflections in writing and dialogue.

Assignment 6. Final Paper or Project

Students have the option of preparing a scholarly paper of approximately 20 double-spaced typewritten pages using the appropriate style manual or designing a research project. Scholarly papers and research projects will focus upon a specific aspect of the course. Research projects will be evaluated based on content, originality, the use of source material, and documentation. Scholarly papers will be evaluated based on content, originality, source material, grammar, and spelling.

Assignment 7. Course Review

The Course Review will be given by telephone (or other means) and will cover the assignments. Students will negotiate the timing of the review.

INDIVIDUALIZATION OF STUDENT ASSIGNMENTS

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

COURSE EVALUATION AND GRADING DETERMINANTS

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the research paper or project, and the course review, in consultation with the instructor.

COURSE COMPLETION TIMETABLE

Week 1-2. Karagulla

Week 3. Norbu

Week 4. Tompkins

Week 5. Byrne

Week 6. Buhlman

Week 7. Monroe

Week 8. Leadbeater

Week 9. Practicum

Week 10. The Spirit Andre Luiz through Francisco Candido Xavier

Week 11. Richelieu

Week 12. Greaves

Week 13-15. Roberts

Week 16-18. Final Paper

Week 19. Final Paper Review

Week 20. Course Review

SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or email the instructor whenever they need advice, comments, or instruction.