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**EMP 765: Creative and Visionary Processes I (3 credits)**

**Overview of Course:** This course is an exploration of creative and visionary processes in art, health and healing, spiritual practice, social and natural systems, in the lives of creatives and visionaries, and in personal and cultural evolution.

**Course Topics:** Creative and visionary processes, creatives and visionaries, art, health and healing, self-expression, spiritual practice, social and natural systems, consciousness

**Learning Objectives:** After completing this course participants will have gained an expanded understanding of creative and visionary processes; they will have experienced creative and visionary processes in new ways; and they will have developed and expanded their ability to work with creative and visionary processes in their personal and professional lives.

**Length of Course:**

Length of this Energy Medicine course is five (5) months or one (1) semester.

**Audience:** Open to all students in the Masters program.

**COURSE DESCRIPTION**

This course is an exploration of creative and visionary processes and their importance in personal and cultural evolution. The course explores creative and visionary processes in art, health and healing, self-expression, spiritual practice, social and natural systems, and in the lives of creatives and visionaries. Explorations include research, practicum, written reflection, and dialogue. The course includes immersion in, and reflection on, a creative and visionary process.

**NEED STATEMENT**

Students will:

- 1) Develop and deepen their awareness of creative and visionary processes.
- 2) Be able to utilize the knowledge they have gained about creative and visionary processes to extend their own research and therapeutic methods in a healing profession.
- 3) Develop skills needed to identify essential factors pertaining to the enhancement of personal, creative, and visionary potential.
  
- 4) Be able to assist clients using the understanding of creative and visionary processes they have gained

5) Develop the critical skills they need to use creative and visionary processes knowledgeably.

## **FACULTY-STUDENT COMMUNICATION**

- Telephone Contacts

Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.

- Communications

It is requested that students stay in weekly or every other week correspondence with the instructor using email. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by email, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. Students should check email frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for chat sessions using Yahoo Messenger Chat or the instructor may be able to set up one-on-one discussions with the student using Skype. Check with your instructor on the type of communications she uses.

- Internet Threaded Discussion: There is also an on-going Internet threaded discussion among the students and faculty for the entire semester which creates a larger feedback mechanism of communication. It may be accessed anytime. The thread page is located at: [http://groups.yahoo.com/group/Energy\\_Medicine](http://groups.yahoo.com/group/Energy_Medicine)

## **COURSE DELIVERY STYLE**

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone,

Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org from both the student and professor.

## **COURSE**

### 1) Reading Assignments

Students will read the following text materials and complete the following course assignments. Alternate materials will be provided for texts that students are already familiar with.

Barron, Frank, Alfonso Montuori, and Anthea Barron. *Creators On Creating. Awakening and Cultivating the Imaginative Mind*. G.P. Putnam's Sons. New York. 1997

Borges, Jorge Luis. Norman Thomas Di Giovanni, Trans. *The Book of Sand*. E.P. Dutton. New York. 1971

Furth, Gregg M. *The Secret World of Drawings. Healing Through Art*. Sigo Press. Boston. 1988

Kumar, Satish, Freddie Whitefield. Eds. *Visionaries. The 20th Century's 100 Most Inspirational Leaders*. Chelsea Green Publishing White River Jct. Vermont. 2008

Ladinsky, Daniel. *The Gift. Poems by Hafiz, The Great Sufi Master*. Penguin Putnam. Inc. New York. 1999

Olwell, Carol. *Gardening From the Heart, Why Gardeners Garden*. Antelope Island Press. Berkeley. 1990

Rocca, Alessandro. *Natural Architecture*. Princeton Architectural Press. New York. 2007

Tharp, Twyla. *The Creative Habit. Learn It and Use It For Life*. Simon & Schuster. New York. 2003

## 2) Course Paper/Project

Students will conduct research based on secondary and primary source materials and the required texts. From this research, students will write a paper on a specific topic (approved by the instructor). Students may also elect to do a graduate level project.

## 3) Course Review

Students are given a set of assignments, readings, and explorations in preparation for a Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone or Yahoo Messenger Voice or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

## COURSE ASSIGNMENTS

### **Assignment 1. Creatives and Visionaries**

Participants will begin to research, explore, and reflect on creative and visionary processes and their importance in personal and cultural evolution. After completing the reading, participants will share their reflections in writing and dialogue. Throughout the course, readings and assignments may be tailored to the participants.

### **Assignment 2. The Creative and Visionary Process**

Participants will research, explore, and reflect on the creative and visionary process in various mediums. After completing the visual selections and reading, they will share their reflections in writing and dialogue.

### **Assignment 3. Creative and Visionary Processes and Nature**

Participants will research, explore, and reflect on creative and visionary processes and nature. After completing the reading, they will share their reflections in writing and dialogue.

### **Assignment 4. Creative and Visionary Healing Processes**

Participants will research, explore, and reflect on creative and visionary processes in health and healing. After completing the reading, they will share their reflections in writing and dialogue.

### **Assignments 5. Creative and Visionary Immersion**

Participants will immerse themselves in a creative and visionary process, exploring and reflecting on the enhancement of their creative and visionary potential. After completing the immersion, they will share their reflections in writing and dialogue.

### **Assignment 6. Final Project**

Students have the option of designing a creative or research project or preparing a scholarly paper of approximately 10 double-spaced typewritten pages using the appropriate style manual. Research projects and scholarly papers will focus upon a specific aspect of the course. Research projects will be evaluated based on content, originality, the use of source material, and documentation. Scholarly papers will be evaluated based on content, originality, source material, grammar, and spelling.

### **Assignment 7. Course Review**

The Course Review will be given by telephone (or other means) and will cover the assignments. Students will negotiate the timing of the review.

## **INDIVIDUALIZATION OF STUDENT ASSIGNMENTS**

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

## **COURSE EVALUATION**

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the research paper or project, and the course review, in consultation with the

instructor.

#### SPECIAL NOTES AND INSTRUCTIONS

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction.