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EMP 7001/8001 : PROGRAM PLANNING

(3 Credits)

Length of Course:

Length of this Energy Medicine course is five (5) months or one (1) semester.

COURSE DESCRIPTION

This first required course, **Program Planning** can begin at any time during the year via distance communication with the Dean of Students.

This course is designed to: Clarify the degree guidelines and to enhance the individualization of the student's program. Special attention is given to discussion of options for student course studies, concentration within EMU, and prior learning assessment. Students are provided opportunities to exchange ideas on choosing of elective courses and concentration and to work with the Dean of Students concerning the sequence of courses they will enroll in to complete their degree program. During the Program Planning the student, with the guidance of the Dean of Students, will plan a tentative Program Schedule for the entire degree program. At the beginning of each subsequent semester, if needed, the Dean of Students will help the student make any necessary changes in this plan.

The Program Planning course is a prerequisite to all other courses. Therefore, it is the only course that has a completion deadline of the first semester. **Students are required to finish all the Program Planning modules course before they may take courses in a subsequent semester.** Those who fail to finish this course the first semester, or receive an incomplete, are required to enroll Course Continuation in Program until such time as the Program Planning course is completed.

COURSE TOPICS

Carefully review the individualization of course Program [Masters or Doctorate]. Review the potentials for Internship study; discuss ideas for a research project. Explore the optional Concentrations in the Masters and Doctorate Program and the Electives. Review basic required computer and internet skills. Design a program plan and a time/energy management strategy to support successful accomplishment of the desired degree.

COURSE OBJECTIVES

The expected outcomes of the course are the achievement of greater clarity on the part of the students concerning all program expectations and the development of the course choices of the student's program. Students explore ideas relative to internship, research, and scholarly writing. Students are guided

in selecting the major focus of their program, including the optional choice for a concentration, and in developing a tentative topic for their research project which will be further explored with the student's Thesis or Dissertation committee toward the end of their degree program. Students will be familiar with the process of transferring credits for their degree completion. Students demonstrate the ability to write a scholarly paper. Students demonstrate an ability to use the computer and internet for the distance-learning aspects of their courses.

COURSE AUDIENCE

This course is required of all graduate students during their first semester.

COURSE DELIVERY STYLE

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

FACULTY-STUDENT COMMUNICATIONS

Students will work with the Dean of Students to complete and submit to the Registrar their proposed Program Schedule. Materials not suitable for e-mail may be sent by post or fax, as agreed with the Registrar. Students should send an initial email to the **Dean of Students within two weeks following their acceptance into Energy Medicine University to begin a plan of action for completing Program Planning.**

Communications can be had by phone or Skype, as decided by the student and professor. Students should initiate all communications via email first. Contact is required at least once per month for a progress check-in.

All lessons, coursework and papers must be copied to:
lessons@energymedicineuniversity.org
from both the student and professor.

COURSE MATERIALS

REQUIRED READING:

1. Current version of the Publication Manual of the American Psychological Association.
2. Csikszentmihalyi, M. (2008). *Flow: The psychology of optimal experience*. HarperPerennial Modern Classics, New York, NY.

SUGGESTED READING:

These three texts can be used as reference books during the entire EMU program.

1. This book clearly scores the vast topography of the field of Energy Medicine.
Gerber, Richard, VIBRATIONAL MEDICINE FOR THE 21ST CENTURY, Harper Collins, NY, 2000.
2. This book meticulously compiles the major research in Holistic Health & Energy Medicine -foundational information for degree in Holistic Health. Benor, Daniel J. HEALING RESEARCH VOLUME II: CONSCIOUSNESS, BIOENERGY AND HEALING, Wholistic Healing Publications, 2004.

MODULES:

Module 1 – Introduction

Introduction to EMU In Module 1 students will focus on:

- How to navigate the EMU website, access the Student Portal and EMU library.
- How to access other online libraries as well as using Word reference for APA style, and Mandalay for tracking citations.
- Proper referencing of the School Catalog and Student Handbook for questions.

Module 2 – Preparation

Self-inquiry Questions

1. What are your learning objectives?
2. What do you want to accomplish in terms of learning?
3. How are you planning to apply your knowledge?

Time and Energy Management:

As you go through your degree journey you will need to gauge how to best direct your time and energy. This will include learning how to resource physical, emotional, mental and spiritual energy and how to honor “down-time” as equally productive and necessary. Other topics: How to prioritize, give your full-engagement with each task, and schedule in self-care.

Reading material: Flow. A schedule will be created with the student to read the ten chapters throughout the semester, with discussions and short reviews, critiques.

Module 3 – Choosing a Learning Path

This Module is designed to help the student choose the right degree path to support their desired outcome. It includes review of the different courses, review of the Certificate program, the Masters and the Doctoral Degree Programs, and a review of how many Credits are required for graduation along each path. Students desiring a degree will review the difference between a Master Degree and a PhD and go over the EMU Thesis and Dissertation requirement documents.

Module 4 – Overview of Research Methodologies and Designs

In this module students will be introduced to research methodology and research design. Reading material will be provided by the Professor.

Module 5 – Introduction to APA Writing

Students are required to take the APA online course. If they cannot pass it, then they might have to reconsider their initial path. Students will also be introduced to scholarly writing required for their research papers. For preparation to write scholarly papers in current APA style, you are required to take and provide evidence of passing the online course “Basics of APA Style” which currently costs \$80 payable to the party offering the course. The course and payment information are at: <http://www.apastyle.org/learn/courses/4210701.aspx> Evidence of successful completion to be submitted to the Registrar.

READ: The current APA Writing Style manual

Module 6 – Research and Writing Practice

In this module students will practice writing a short research paper of 10 pages. Students will choose a topic of interest, perform literature research, and use APA style writing with a reference page. Students

will learn which references are permitted for a Thesis and for a Dissertation, and why.

Module 7 – Program Planning

At the end of this course, the student has had “hands on” experience and is ready to think about planning her/his program. Degree Program students are encouraged to start thinking about a research topic but they do not need to make any decisions yet. Students will complete the Program Planning course by filling out the Program Planning form and submitting it to the Registrar.

COURSE COMPLETION TIMETABLE

During the 5-month semester:

- PRIOR to the first Program Planning phone session: Complete modules #1 through #2
- 1st phone session with Dean of Students: Go over modules #2 and #3
- 2nd phone session: Go over modules #4 and #5
- Before the next session, complete modules #5 and #6. Submit your 10 page research paper to the Dean of Students & Dean of Faculty. Receive feedback via email.
- 3rd phone session: Complete Module #7. This is a Program Planning call to complete the Program Planning form for submission to the Registrar.

COURSE EVALUATION

The course grade will be based upon the quality of course participation, preparation, APA Online course and follow-up work.

COURSE GRADING DETERMINANTS

Grade will be based upon:

Participation in discussions: 20%

Research & Paper: 20%

Completed Program Plan: 20%

Successful Completion of “Basics of APA Style”: 40%

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

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92-100 points = A range
86-91 points = B range
80-85 points = C range
70-80 points = D range
Under 70 points = F