

Iranian institute of Higher Health

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Isfahan

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Iran

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# Farzad Goli

## Education

- 2016

Psychosomatic department of Albert Ludwigs University of Freiburg

### **Fellowship degree of psychosomatic medicine and psychotherapy**

- 2010-2012

Energy Medicine University, Sausalito, California

### **"Post-Doctorate Certificate in Bioenergy Economy and Psychosomatic Health"**

- 2004-2006

Shiraz School of Psychology, Shiraz University, Shiraz, Iran

### **"Applied Health Psychology"**

- 2003-2004

Shiraz School of Psychology, Shiraz University, Shiraz, Iran

### **"Relaxation & Meditation Practitioner Certificate"**

- 1989-1998

Isfahan School of Medicine, University of Medical Sciences (IUMS), Isfahan, Iran

### **"M. D. Honors"**

- 2000

Iranian Scientific Society of Clinical Hypnosis, Tehran, Iran.

**"Clinical Hypnotherapist Certificate"**

## **Experience**

- From 2016

Active member of Iranian Association for Psychosomatic medicine.

**Tehran, Iran**

- 2016

A member of board of directors of 8<sup>th</sup> National Medical Sciences Student Olympiad of Iran.

**Tehran, Iran**

- 2016

Leader of Psychosomatic Basic Care Program, Isfahan, Iran.

**Psychosomatic Research Center of Isfahan University of Medical Sciences**

- 2014-present

Leader of Postdoctoral Course of Psychosomatic and Psychotherapy

**Psychosomatic Research Center of Isfahan University of Medical Sciences**

- 7 July 2011

Member of Research Committee and researcher

**Psychosomatic Research Center of Isfahan University of Medical Sciences**

- 13 Jan 2011

Establishment of the post doctorate course by the name of "bioenergy Economy and Psychosomatic Health"

**Energy Medicine University, Sausalito, California, USA.**

- 13 Jan 2011

Professor and faculty member of Energy Medicine University

**Energy Medicine University, Sausalito, California, USA.**

- 18 Sep-23 Oct 2010

Guest researcher at department of Psychosomatic Medicine, Freiburg

**Albert Ludwigs University of Freiburg, Germany**

- 4 Sep-18 Sep 2010

Psychosomatic clinical skills course at department of psychosomatic Medicine, Freiburg

**Albert Ludwigs University of Freiburg, Germany**

- 2008-present

Researcher and collaborator at department of Psychosomatic Medicine

**Albert Ludwigs University of Freiburg, Germany**

- 2008

Patient's Care & Treatment by Complementary & Alternative Medicine

**Isfahan University of Medical Sciences**

- 2008

Member of Board of Directors

**Iranian Scientific Society of clinical Hypnosis, Tehran, Iran.**

- 2005 –present

Vocational Instructor of Clinical Hypnosis and Agent of the Society in Isfahan

**Iranian Institute of Higher Health (Danesh-e-Tandorosti Institute), Isfahan, Iran.**

- 2004 – present

Instructor of Bioenergy Economy Courses

**Iranian Institute of Higher Health(Danesh-e-Tandorosti Institute), Isfahan, Iran.**

- 2004 –present

Instructor of Bioenergy Economy Courses

**Iranian Institute of Higher Health (Danesh-e-Tandorosti Institute), Isfahan, Iran.**

- 2007-2009

Member of Scientific board of 1st & 2nd Patient's Care & Treatment by Complementary and Alternative Medicine.

**Isfahan University of Medical Sciences, Psychiatry Faculty**

- 2007

Member of Scientific Board of First National Congress of Health Humanities.

**Isfahan University of Medical Sciences**

- 2006-present

Instructor of Global health program for Medical Students of Karolinska Institute, Sweden.

**Isfahan University of Medical Sciences, Bureau of Scientific and International Affairs, IUMS.**

- 2004-2008

Scientific Mission and Instructor.

**Sport for all Federation of Islamic Republic of Iran**

- 2004-present

Founder and Member of board of directors.

#### **Iranian Association of Higher Health (IAHH)**

- 2004 -present

Instructor of Medical Philosophy and Medical Ethics.

#### **Isfahan University of Medical Sciences.**

- 2003-2007

Member of Board of Directors.

#### **Association for Epilepsy of Isfahan**

- 2000-2004

Scientific Board of Psychology and Consultation Services Coordinating Committee.

#### **Province office of Isfahan**

- 1998-present

Hypnotherapist and Health Psychology Counselor of Patient Education Center of IIHH.

#### **Iranian Institute of Higher Health (IIHH), (Danesh-e-Tandorosti Institute)**

- 1995-present

Founder and Head of Iranian Institute of Higher Health (Danesh-e-Tandorosti Institute), Isfahan, Iran.

#### **Iranian Institute of Higher Health (IIHH)(Danesh-e-Tandorosti Institute)**

### **Grant and research projects**

- 2014-2017

**Improvement of the psychosocial care in primary medicine – A German-Iranian cooperation project. Funded by the German Academic Exchange Service (DAAD).**

- 2010-present

**A cross-cultural study on physician's reflections, behaviors, and attitudes toward breaking bad news for cancer patients.**

Psychosomatic Department of Albert Ludwigs University of Freiburg, Germany.

- 2010-present

#### **Biopsychosocial versus biomedical reasoning: A cognitive approach**

Psychosomatic Department of Albert Ludwig University of Freiburg, Germany.

- 2008-2012

#### **Globalization and Mental Health, Esfahan.**

- 2010-present

**Cross cultural variations and influences of attribution style in cancer patients: A systematic**

## **review**

Psychosomatic Department of Albert Ludwig University of Freiburg, Germany

- 2008-present

## **Interdisciplinary Theory and Medical Humanities.**

Institute for Humanities and Cultural Studies.

- 2000-present

## **Problem-Solving Skills for Pre-Elementary Students.**

Ministry of Education of Iran.

- 1999-2003

## **Mind-Body Fitness Instead of Physical Fitness.**

Physical Training Organization of Iran.

- 1998-present

## **An Integrative Approach to Bioenergy-Based Therapies.**

Iranian Institute of Higher Health (Danesh-e-Tandorosti Institute)

## **Presentation**

- Goli, F. (2016). Sufistic approach to emotion regulation; Third Freiburg-Isfahan summer school on psychosomatic medicine. Albert Ludwigs University of Freiburg, Germany.
- Goli, F. (2013-present). Bioenergy economy: A methodological study on bioenergy-based therapies. Istanbul & Mersin, Turkey.
- Goli, F. (2013). CPSYC Workshop Lecturer; The International Congress on Clinical & Counselling Psychology. Istanbul.
- Goli, F. (2012). Ethnomedicine of Iran; 2<sup>nd</sup> Isfahan-Freiburg summer school on Psychosomatic Medicine. Isfahan, Iran.
- Goli, F. (2012). Bioenergy economy: A biosemiotic approach to psychosomatic medicine; 2<sup>nd</sup> Isfahan-Freiburg summer school on Psychosomatic Medicine. Isfahan, Iran.
- Goli, F. (2010). Transpersonal hypnotherapy and pain control; 3<sup>rd</sup> International Congress of Psychosomatic Medicine. Isfahan, Iran.
- Goli, F. (2008). Mind-Body control: Scientific and clinical bases. Isfahan, Iran.
- Goli, F. (2008). Patient's care & treatment by complementary & alternative medicine. Isfahan University of Medical Sciences.
- Goli, F. (2008). Relaxation therapy and clinical application of autogenic training; International

Congress of Psychosomatic Medicine. Isfahan, Iran.

- Goli, F. (2008). Psychosomatic approach to autoimmune disorders; The Second International Congress of Psychosomatic medicine, Isfahan University of Medical Sciences, Iran.
- Goli, F. (2007). Specific/nonspecific effects of bioenergetic approaches to health: A methodological essay; 6th international traditional complementary medicine conference. Malaysia.
- Goli, F., Zamani, A. (2007). Methodological basis of integrative medicine; The 6<sup>th</sup> international traditional complementary Medicine conference. Malaysia.
- Goli, F. (2007). Integrative Medicine: A new horizon for ancient wisdom; The 1st Iranian Congress of Health Humanities. Isfahan, Iran.
- Goli, F. (2006). Consciousness evolution knowledge; The First International Congress on Meditation. Shiraz University.
- Zamani, A., Goli, F. (2005). The necessity of philosophical orientation in Medical Education. Edinburgh, AMEE congress.
- Farzanegan, M., Goli, F. (2000). Anatomy: Disunion of modern and traditional medicine; 1st International Congress on Traditional Medicine & Materia Medica. Tehran.
- Goli, F. (2000). Postmodern medicine; 1st International Congress on Traditional Medicine & Materia Medica. Tehran.
- Farzanegan, M., Goli, F. (2000). Approach to vital force: Common aspect of holistic medical systems; 1st International Congress on Traditional Medicine & Materia Medica. Tehran.
- Goli, F. (2000). Yoga and health organization, 1st International Congress on Traditional Medicine & Materia Medica. Tehran.

## **Articles**

- Derakhshan, A., Manshaei, G., Afshar, H., Goli, F. (in press). Effect of a bioenergy economy program on pain control, depression, and anxiety in patients with migraine headache; IJBMC, 3(1).
- Goli, F., Bajoghli, K., Hakim, V. (2015). Memento mori and modern medicine: A study of the artwork of Damien Hirst. IJBMC; 2(1), 4-10.
- Monajemi, A., Goli, F., Scheidt, C. E. (2014). From biomedical to psychosomatic reasoning: A theoretical framework. IJBMC; 1(1), 59-64.

- Goli, F., Gholamrezayi, A., Shahidi, E. (2012). Aya nyaz be paygahi baray-e khadamat-e salamat-e ravantani va behbood-e sabk-e zendegi dar jame'e-ye ma ehsas mishavad? [Is there any demand for psychosomatic health and lifestyle services in our society today?]. Tan, Ravan, va Farhang [Body, Mind, & Culture]; 1(1-2), 10-23.
- Goli, F. (2012). Dehkadeye salamat: Az tabi'at-e hendesi ta hendeseye tabi'ee [Health village: From geometric nature to natural geometry]. Tan, Ravan, va Farhang [Body, Mind, & Culture]; 1(1-2), 95-106.
- Goli, F. (2012). Ravankavi dar Iran: Goftoguyi ba doktor mohammad san'ati [Psychoanalysis in Iran: An interview with dr. Mohammad San'ati]. Tan, Ravan, va Farhang [Body, Mind, & Culture]; 1(1-2), 159-170.
- Goli, F., Hashemi, M. (2012). Roodehaye andishmand: Gozaresh-e tasir-e yek barnameye ravantani bar yek shakhs-e mobtala be koolite khunrizidahandeh [Thoughtful bowels: The effects of a psychosomatic program on a case of ulcerative colitis]. Tan, Ravan, va Farhang [Body, Mind, & Culture]; 1(1-2), 171-182.
- Goli, F. (2007). Tahlil-e balini jaryan-e energy-etela'at dar ertebat darmangar-moraje': Jostari dar ab'aad-e zisti, ravani va hasti shenakhti farayand-e hamsuyi [Clinical analysis of energy-information stream in therapist-patient relationship: An essay on biopsychosocial and ontological dimensions of attunement process]. Salamat-e Bartar [Higher Health]; 5(7-8), 7-20.
- Goli, F. (2007). Danesh-e tahavol-e hoshiyari [Consciousness evolution knowledge]. Salamat-e Bartar [Higher Health]. 5(7-8), 89-144.
- Bojogli, K., Hakim, V., Goli, F. (2005). Ideye marg va pezeskhye modern: Negahi be aasar-e honari Damien Hirst [Memento mori and modern Medicine: A study of art work of Damien Hirst. Salamat-e Bartar [Higher Health]; 4(6):48-53.
- Goli, F., Amini, A., Golabadi, M. (2004). Motale'eye tasirat-e yek barnameye kutah modat-e tanarami ba ya bedun-e tasvirsazi zehni bar mizan-e ezterab bar amalkard-e hafezeyeh danesh aamuzan-e doreye rahnamayi [The effects of a short course relaxation training with/without Imagery on anxiety and memory of high school students, Salamat-e Bartar [Higher Health]; 3(4-5):159-168.
- Bojogli, K., Hakim, V., Goli, F. (2004). Ideye marg va pezeskhye modern: Negahi be aasar-e honari Damien Hirst [Memento mori and modern Medicine: A study of artwork of Damien Hirst. Salamat-e Bartar [Higher Health]; 3(4-5):35-50.
- Goli, F. (2004). Jostari dar ravankavi tajrobeye nakhoshi: Az zist jahan ta gofteman-e pezeskhi [An essay on psychoanalysis of illness experience: From life-world to the medical discourse].

Salamat-e Bartar [Higher Health]; 3(4-5), 95-106.

- Goli, F. (2003). Yoga and ancient paradigm of biopsychosocial model. *Salamat-e Bartar* [Higher Health]; 2(2-3), 73-98.
- Goli, F. (2002). Daramadi bar pezeshki Jame': Meydanhayi no baraye azmun-e kherad-e kohan [An introduction to integrative medicine: New domains for ancient wisdom examination]. *Salamat-e Bartar* [Higher Health]; 1(1), 3-46
- Goli, F. (1999). Tanasob-e zehn-badan b-e jaye tanasob-e fiziki [Mind-Body fitness instead of physical fitness]. *Peyk-e-tandorosti*; 1.

## **Books**

- Goli, F. (Ed.). (2016). *Biosemiotic medicine: Healing in the world of meaning*. Springer International Publishing: Switzerland.
- Goli, F., Johari Fard, R. (2016). How can we reconstruct the health anticipation? In F. Goli (Ed.), *Biosemiotic medicine: Healing in the world of meaning* (pp. 95-115). Springer International Publishing: Switzerland.
- Goli, F., Farzanegan, M. (2016). The Ritual Effect: The healing response to forms and performs. In F. Goli (Ed.), *Biosemiotic medicine: Healing in the world of meaning* (pp. 117-132). Springer International Publishing: Switzerland.
- Goli, F., Monajemi, A., Ahmadzadeh, G. H., Malekian, A. (2016). How to prescribe information: Health education without health anxiety and nocebo effects. In F. Goli (Ed.), *Biosemiotic medicine: Healing in the world of meaning* (pp. 151-193). Springer International Publishing: Switzerland.
- Goli, F. (2016). Medical practice in/with the semiosphere. In F. Goli (Ed.), *Biosemiotic medicine: Healing in the world of meaning* (pp. 217-239). Springer International Publishing: Switzerland: Switzerland.
- Goli, F. (2013). *Danesh-e fargasht-e hoshiyari: Jostarhayi dar ravanshenasi farafardi* [Consciousness evolution knowledge: Essays on transpersonal psychology]. Dehkade Salamat: Isfahan, Iran.
- Goli, F. (2013). *Daramadi bar pezeshki zendegigara: Chahar jostar dar falsafeh pezeshki* [An introduction to life-oriented medicine: Four essays on philosophy of medicine]. Dehkade Salamat: Isfahan, Iran.
- Goli, F. (2010). *Bioenergy economy: A methodological study on bioenergy-based therapies*. Xlibris, U.S.A.

- Goli, F. (2009). Yek pol, si-yo-se derang: Az namad shenasi ta hasti shenasiye khiyal [A bridge, Thirty-three contemplations: From symbology to ontology of imagination]. Asim, Tehran.
- Goli, F. (2009). Gah-e negah: Gozareshi dar jamyat shenasi darun [Tempus Speculums; A report on inner population]. Asim, Tehran.
- Goli, F. (2008). Hich inja mihichad: Jostari dar neshaneh shenasi tajrobeye farafardi [Nothing nothings here: An essays on semiology of transpersonal experience]. Asim, Tehran.
- Goli, F., Abdollahi, R., Johari-Fard, R. (2007). Rahyaft-e enerzhiyayi be salamat: Mabani ravesh shenakhti va balini reiki [Energetic approach to health: Methodological & clinical bases of reiki]. Asim: Tehran, Iran.
- Zamani, A., Goli, F., Nasiri, M. (2000). Ketab-e kar baraye parvarehsh khalaghyat [Textbook of fostering children's creativity]. Ministry of Education: Tehran, Iran.