

## DAVID FEINSTEIN

Birthdate: 12/22/46  
Excellent Health

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### EDUCATION

**Ph.D. (1972) Psychology.** Areas of concentration: Clinical Psychology and Community Psychology. Union Institute. Cincinnati, Ohio. Advisors: Virginia Satir, M.S.W., Carl E. Young, Ph.D., Joel Elkes, M.D. (then Chair, Dept. of Psychiatry, The Johns Hopkins University School of Medicine). Apprenticeship with Donald C. Klein, Ph.D. (then President, APA Division 27 -- Community Psychology).

**M.A. (1970) Human Behavior.** United States International University. San Diego. Worked closely with Carl Rogers, Ph.D. 4.0 GPA.

**B.A. (1968) Psychology.** Whittier College. Chemical Rubber Company Award as "Outstanding Freshman Mathematics Student." William James Award as "Outstanding Graduating Psychology Student." Whittier, California.

### POSITIONS

**Executive Director.** The Energy Medicine Institute. Ashland, Oregon. 3/83 – present (formerly Innersource, Inc.).

**Psychotherapist.** Individual, couples, and group psychotherapy. Public settings and private practice, ten hours minimum per week. Workshops and seminars presented regularly at Esalen Institute and other "growth centers," universities, and in community settings. 10/72 - present.

**Senior Clinical Psychologist.** San Diego County Mental Health Services. Director of Community and Preventive Mental Health Services, North Inland Region. 11/76 - 2/83.

**Postdoctoral Intern in Clinical Psychology.** Howard County Health Department. Columbia, Maryland. 9/75 - 10/76.

**Executive Director.** Grassroots, Inc. An "alternative" youth-oriented counseling and drug treatment service. Supervised 10 paid staff and 50 highly trained volunteer counselors. Columbia, Maryland. 4/74 - 9/75.

**Research Associate.** Department of Psychiatry and Behavioral Science, The Johns Hopkins University School of Medicine (joint appointment with NTL Institute's Community Research and Action Laboratory; in coordination with doctoral studies). 11/70 - 6/72.

**Youth Director.** San Diego YMCA. Assisted in starting nation's third major "hotline/drop-in" counseling service. 9/68 - 8/70.

## TEACHING ACTIVITIES

**Union Institute.** Cincinnati, Ohio. Adjunct Faculty Member. 1987 - present.

**Southern Oregon University.** Ashland, OR. Adjunct Psychology Faculty. 1996 – 2000.

**Saybrook Institute.** San Francisco. Outside Reader. 1983.

**California School of Professional Psychology.** San Diego. Contract faculty. 9/77 - 2/83.

**University of California Extension.** San Diego. Instructor. 1977 - 1981.

**Antioch College.** Columbia, Maryland Campus. Associate Professor of Psychology. 9/74 - 10/76.

**The Johns Hopkins University School of Medicine.** Baltimore. Instructor in Psychiatry. 9/74 - 10/76.

**The Johns Hopkins University.** Applied Social Science Faculty. 9/73 - 10/76.

## BOOKS

Eden, D. (with Feinstein, D.). (1999). *Energy medicine*. New York: Tarcher Books/Penguin Putnam.  
(Also translated or in process: Italian, Danish, Bulgarian, Croatian, Russian, Chinese, Spanish).

Feinstein, D. (2004). *Energy psychology interactive: Rapid interventions for lasting change*. Ashland, OR: Innersource [an integrated book and computer-based CD program for teaching the fundamentals of energy psychology to psychotherapists].

Feinstein, D. (2004). *Energy psychology interactive: Self-help guide*. Ashland, OR: Innersource.

Feinstein, D., Eden, D., & Craig, G. (2005). *The Promise of Energy Psychology: Revolutionary Tools for Dramatic Personal Change*. New York: Tarcher/Penguin.

Feinstein, D., & Krippner, S. (1997). *The mythic path*. New York: Tarcher Books/Penguin Putnam.  
(Extensively revised edition of *Personal Mythology*).

Feinstein, D., & Krippner, S. (1988). *Personal mythology: The psychology of your evolving self*. Los Angeles: J.P. Tarcher, Inc. (Also translated into German and Portuguese).

Feinstein, D., & Mayo, P.E. (1990). *Rituals for living and dying*. San Francisco: HarperCollins.

Feinstein, D., & Mayo, P.E. (1993). *Mortal acts: 18 empowering rituals for confronting death*. San Francisco: HarperCollins. (Abridged from *Rituals for living and dying*, also translated into Spanish).

Mortifee, A. (with Feinstein, D). (2001). *When the rains come*. [The book basis of an award-winning play about apartheid]. Vancouver: Jabula.

## PROFESSIONAL PAPERS, MONOGRAPHS, AND PRESENTATIONS

- Dreyfuss, A., & Feinstein, D. (1977). My body is me: Body-based approaches to personal enrichment. In B. McWaters (Ed.), *Humanistic perspectives: Current trends in psychology* (pp. 36 - 59). Monterey, CA: Brooks/Cole.
- Eden, D., & Feinstein, D. (2002). Radiant circuits: The energies of joy. In F.P. Gallo (Ed.), *Energy psychology in psychotherapy*. New York: W.W. Norton.
- Feinstein, D. (Ed.). (1971). *Readings in the applied behavioral sciences* (Vol. 1: *Personal growth*; Vol. 2: *Living in groups*; Vol. 3: *Organization development*; Vol. 4: *Community development*; Vol. 5: *Knowledge development and utilization*) (apprx. 2500 pages). In J. Elkes (Principal Investigator), *Planning Monograph: Human Resources Development Center* (14 Vols.). The Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Science, Baltimore.
- Feinstein, D. (1977). From counter-culture self-help to community self-help: Grassroots of Columbia, Maryland. In D.C. Klein (Ed.), *The psychology of new communities* (pp. 74 - 90). New York: Behavior Publications.
- Feinstein, D. (1979). Personal mythology as a paradigm for a holistic public psychology. *American Journal of Orthopsychiatry*, 49, 198 - 217.
- Feinstein, D. (1979, September). Personal myths and individual destiny. In S. Krippner (Chair), *Personal Mythology and Psychotherapy*. Symposium conducted at the 87th Annual Convention of the American Psychological Association, New York.
- Feinstein, D. (1980, January). Imagery and healing. Presentation at the annual meeting of the Creative Education Foundation, San Diego.
- Feinstein, D. (1980, September). Clinical correlations between conflicts regarding childbearing and tumors of the female reproductive system. Paper presented at the 31st Annual Conference and Scientific Session of the American Society of Psychosomatic Dentistry and Medicine, San Francisco.
- Feinstein, D. (1981). Self-responsibility in illness and the issue of guilt. *Journal of the American Society of Psychosomatic Dentistry and Medicine*, 28, 109 - 117.
- Feinstein, D. (1982). Conflict over childbearing and tumors of the female reproductive system: Symbolism in disease. *Somatics*, 4(1), 35 - 41. [Also presented in S. Krippner (Chair), *The symbology of cancer* (1981, August). Symposium conducted at the 89th Annual Convention of the American Psychological Association, Los Angeles.].
- Feinstein, D. (1982, April). Encountering the mythic depths. In S. Krippner (Ed.), *Into the mythic underworld* (pp. 3 - 7). Special issue of *AHP Perspective*, San Francisco: Association for Humanistic Psychology.
- Feinstein, D. (1983). Cancer and other mortal sins (Review of *Illness as Metaphor* by S. Sontag). *Death Education*, 7, 396 - 398.
- Feinstein, D. (1983). Psychological interventions in the treatment of cancer. *Clinical Psychology Review*, 3, 1 - 14.
- Feinstein, D. (1985). Psychotherapy with cancer patients. In P.A. Keller (Ed.), *Innovations in clinical practice* (Vol. 4). Sarasota, FL: Professional Resource Exchange.

- Feinstein, D. (1986). Myth-making activity through the window of the dream. *Psychotherapy in Private Practice*, {4}, 119 - 135. (Also presented at the 93rd Annual Convention of the American Psychological Association, Los Angeles, August 1985).
- Feinstein, D. (1986, May). Peering into the mythic looking glass: New research perspectives for the human sciences. In A. Collen (Chair). *Mythology in human science research*. Symposium conducted at the 5th International Human Science Research Conference, Berkeley, CA.
- Feinstein, D. (1987, Feb.). The "shifting paradigm" is a myth. *AHP Perspective*, 14 - 15.
- Feinstein, D. (1987, Aug.). Personal mythology as a unifying model for transpersonal theories and therapies. Paper presented at the 15th Annual Conference of the Association for Transpersonal Psychology, Asilimar, CA.
- Feinstein, D. (1987). The shaman within: Cultivating a sacred personal mythology. In S. Nicholson (Ed.), *Shamanism* (pp. 267-279). Wheaton, IL: Quest Books.
- Feinstein, D. (1989, May). [Review of *The psychopathic mind: Origins, dynamics and treatment*]. *AHP Perspective*, 14 - 15.
- Feinstein, D. (1989). *Personal mythology workbook*. Ashland, Oregon: Innersource.
- Feinstein, D. (1990). Bringing a mythological perspective to clinical practice, *Psychotherapy: Theory/Research/Practice/Training*, 27(3), 388 - 396.
- Feinstein, D. (1990). How mythology got personal. *The Humanistic Psychologist* (Journal of APA Division 32), 18(2). Originally presented in S. Krippner (Chair), *Personal mythology*. Symposium conducted at the 97th Annual Convention of the American Psychological Association, New York, August 1989. Reprinted as a three part series, *Dream Network Journal*, beginning 10(2), 1991.
- Feinstein, D. (1990). The inner quest: Bringing a mythological perspective to psychotherapy. *Common Boundary*, 8(1), 18 - 22.
- Feinstein, D. (1990). Myth-making activity through the window of your dreams. In Stanley Krippner (Ed.), *Dreamtime and dreamwork: Decoding the language of the night* (pp. 21 -33). Los Angeles: J.P. Tarcher, Inc.
- Feinstein, D. (1990). Mythologies of death and their evolution. In Gary Doore (Ed.), *What survives?: The prospect of life after death* (pp. 255 - 264). Los Angeles: J.P. Tarcher, Inc.
- Feinstein, D. (1990). Personal mythology -- analysis, transformation, and reintegration. In Jeffrey K. Zeig and W. Michael Munion (Eds.), *What is psychotherapy: Contemporary perspectives*. San Francisco: Jossey-Bass.
- Feinstein, D. (1990, Winter). Transference and countertransference in the here-and-now therapies. *Hakomi Forum*, 8.
- Feinstein, D. (1991). Male Archetypes: Break on through to the Other Side. *Mentor*.
- Feinstein, D. (1991). A mythological perspective on dreams in psychotherapy. *Psychotherapy in Private Practice*, 9(2), 85 - 105. An earlier version of this paper was presented in Joseph Garai (Chair),

- Innovative approaches to the interpretation of dreams in psychotherapy. Symposium conducted at the 97th Annual Convention of the American Psychological Association at New Orleans, August 1989.
- Feinstein, D. (1992). Metaphors for Healing: Unlocking the symbolism of disease. Paper presented at the 4th International Psychology of Health, Immunity and Disease Conference, Hilton Head, SC. December 1992.
- Feinstein, D. (1997). Myth-making in psychological and spiritual development. *American Journal of Orthopsychiatry* 67, 508-521.
- Feinstein, D. (1998). At play in the fields of the mind: Personal myths as fields of information. *Journal of Humanistic Psychology*, 38(3), 71-109.
- Feinstein, D. (2000). Archetypes. In A.E. Kazdin (Ed.). *Encyclopedia of Psychology*. Washington, D.C.: American Psychological Association. New York: Oxford University Press. (Co-publishers).
- Feinstein, D. (2001). At play in the fields of the mind: Personal myths as fields of information. In K.J. Schneider, J.F.T. Bugental, & J.F. Pierson (Eds.), *The Handbook of Humanistic Psychology*. Northridge California: Sage, 181 – 200.
- Feinstein, D., & Krippner, S. (1981). Personal mythology and dreams. *Svensk Tidskrift for Hypnos* (Sweden), 8, 97 - 99. Reprinted (1982) in the *Dream Network Bulletin*, 1(3), 1 - 6.
- Feinstein, D., & Krippner, S. (1988). Bringing a mythological perspective to social change. *ReVision: The Journal of Consciousness and Change*, 11(1), 23 - 34.
- Feinstein, D., & Krippner, S. (1989). Personal myths -- In the family way. In S.A. Anderson & D.A. Bagarozzi (Eds.). *Family myths: Psychotherapy implications* (pp. 111 - 139). New York: Haworth Press (also published in *The Journal of Psychotherapy and the Family*, 1988, 4: 111 - 139.)
- Feinstein, D., & Krippner, S. (1994). Reconciling altered states with the individual's guiding mythology. *The Humanistic Psychologist* (Journal of APA Division 32), 22(2).
- Feinstein, D., Krippner, S., & Granger, D. (1988). Myth-making and human development. *Journal of Humanistic Psychology*, 28(3), 23 - 50.
- Feinstein, D., Krippner, S., & Kierulff, S. (1981, April). Personal mythology: A cognitive paradigm. Paper presented at the annual meeting of the Western Psychological Association, Los Angeles.
- Feinstein, D., & Morgan, R.M. (1986). Hypnosis in regulating bipolar affective disorders. *American Journal of Clinical Hypnosis*, 29, 29 - 38. (An earlier version of this paper was presented at the Thirty-Third Annual Scientific Meeting of the Society for Clinical and Experimental Hypnosis, Portland, October 1981).
- Feinstein, D., Mortifee, A., & Krippner, K. (1998). Waking to the rhythm of a new myth. *World Futures*, 52, 187-238.
- Feinstein, D., & Spencer, M. (1971). *Technical innovation in the applied behavioral sciences*. In J. Elkes (Principal Investigator), *Planning Monograph: Human Resources Development Center* (14 Vols.).

The Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Science, Baltimore.

**PROFESSIONAL ORGANIZATIONS, LICENSES, AND LISTINGS**

American Psychological Association

Association for Comprehensive Energy Psychology (presented the “Outstanding Contribution Award,” May 2002).

Association for Humanistic Psychology

Association for Transpersonal Psychology

Society for the Psychological Study of Social Issues

State Licensed Psychologist: Oregon (#0528); Florida (#PY 6134) ; California (#5169, inactive)

Listed in *Who's Who in the West*, the *Dictionary of International Biography*, and the *International*

*Authors and Writers Who's Who*