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**EMP 7676 – Traditional Chinese Medicine Theory with The Art of War
(3 Credits)**

Overview of Course

The Traditional Chinese Medicine (TCM) is an ancient science and philosophy that gives deep influence in Chinese culture and human life. This course will explore the ancient wisdoms through the study of Sun Tzu's theory and Sun Bin's theory with The Art of War, especially for the relationship among Yin/Yang, the Five Elements and Ziwu Liuzhu. The study will help individuals to understand the laws of nature - the time, space, energy and their relationship with every individual through The Art of War works.

The course aims to let students improve their abilities for self-cognition of energy, understand the relationship of universe, earth and human life with space-time energy through the key points of TCM theory and the core techniques of The Art of War to solve the energy imbalance problems. The course will provide practical techniques and special tools for energy recognition and application that open a different way to observe health and life to let individuals manage their time along with space-time energy.

Course Topics:

- Chinese most important ancient works - Huangdi Neijing.
- Sun Tzu's and Sun Bin's theory with The Art of War.
- The theory and of traditional Chinese medicine and military wisdom.
- Foundation of the nature law based on the classical wisdom.
- The key of reading and understanding of Huangdi Neijing and The Art of War: natural law and space-time energy.
- Philosophy of Traditional Chinese Medicine: relationship between heaven and human-beings.
- The nature law used in The Art of War: right time, right space ,right people and event.
- Self-cognition – explore the resources of energy and essence through the individual's life experiences.
- Practicing theories and principles for space-time energy application.

Learning Objectives :

- Students will understand the key structures of Huangdi Neijing – the relationship with universe, earth and life of human-beings.
- Student will learn the main theories and philosophy of The Art of War.
- Students will understand the relationship between TCM theory and The Art of War.
- Students will explore the relationship and application of space-time energy for human life and health improvement through mastering practical techniques and special tools.

Audience:

This course is designed for individuals who have interests in self cognition and development through the ancient science and philosophy.

Course Description

To understand two ancient classics Huangdi Neijing and The Art of War requires deep knowledge of traditional Chinese culture, literature and ancient science. This may be very challenging for students to read the ancient works themselves. The course will provide the direction and guidance for reading, and let students understand the core points and techniques of these ancient works.

The course will guide students to learn the core techniques of The Art of War and combination with ancient TCM philosophy. The course will explore the major factors of time, space, and energy in application in human life.

The course will provide application techniques and tools, and guide students to analyze the life experience, master the ancient science and techniques, and use them to improve their daily life.

Faculty-Student Communication

The students could use telephone, email and skype to communicate faculty during their learning period. The professor may be able to set up one-on-one discussions with the students using Skype. Students should check email frequently for professor and EMU messages.

Course Delivery Style

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address.

Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to lessons@energymedicineuniversity.org

from both the student and professor.

The course assignments, readings and explorations will be delivered through email and discussion between each student and professor.

Course Assignments and Completion Timetable

The semester has 20 weeks. Twelve assignments need to be accomplished with the following schedule. For assignments and discussion sessions, students could use both English or Chinese language. The final paper needs to be accomplished in English.

Assignment #1 (Week 1)

Read the catalog of Huangdi Neijing Vol. Su Wen 《素问》 in order to set up the whole concept of the ancient works.

Assignment #2 (Week 2)

Study Yin/Yang from Huangdi Neijing Vol. Su Wen and gather the description that is related to the concept of Yin/Yang.

Assignment #3 (Week 3)

Read the catalog of Huangdi Neijing Vol. Ling Shu 《灵枢》 and build up the whole concept according to the reading instruction.

Assignment #4 (Week 4)

Read the several chapters of Huangdi Neijing and find Yin/Yang, the Five Elements and WuYun LiuQi (五运六气), and understand nature foundation of Huangdi Neijing.

Assignment #5 (Week 5)

Read the catalog and certain chapters of Sun Tzu's The Art of War, and Sun Bin's Art of War in order to set up the whole concept of the ancient works. Explain the basic understanding through the reading according to the reading instruction.

Assignment #6 (Week 6)

Apply Yin/Yang, Five Element tool to analyze individual's time trace, space energy status to find the space-time regulations of nature energy through learner's own life experience.

Assignment #7(Week 7)

Summarize the understanding with concept of "being the right place at the right time with the right people", and recognize space-time energy.

Assignment #8 (Week8-9)

Study tools application of Space-time analyzer and draw learner's own figures using Time Wheel figures to identify energy according to the individual's life experience under the instruction.

Assignment #9 (Week10-12)

Learn the relationship between meridians of TCM and space-time energy.

Assignment #10 (Week13-14)

Write a summary of the relationship among Yin/Yang, Five Elements, meridian and the human health.

Assignment #11 (Week15-16)

Understand how to use the space-time characteristics of meridians to guide the medical practice.

Assignment #12 (Week17-20)

Understand space-time energy linking with TCM, The Art of War and obtain deep understanding of energy and health.

Summarize a paper with figures for this practicing experience.

Course Evaluation

The course grade will be based upon the quality of the assigned worksheets, practiced forms, figures and final paper, the comments and criticisms of understanding, exploration, application and session discussion.

Course Grading Determinants

Grades are based on the assignments and practicing.

Using this technique, there will be 100 points assigned to the course. Final semester grades will be calculated as follows:

92-100 points = A range

86-91 points = B range

80-85 points = C range

70-80 points = D range

Under 70 points = F

Reading Materials

1. Huangdi Neijing Vol. Su Wen and Vol. Ling Shu 《黄帝内经》素问卷及灵枢卷
2. Sun Szi's The Art of War 《孙子兵法》
3. Sun Bin's The Art of War 《孙臆兵法》
4. Traditional Chinese Medicine Theory 《中医理论》
5. Traditional Chinese Medicine with The Art of War – BaiTuJing 《中医兵法百图经》

Note: The learning materials of the above-mentioned No. 4 and No. 5 will be provided by Dr. Liqi Tian